Dr. Debra K. Sowald, PSY.D.

ADOLESCENT HISTORY FORM

Date____

So that we can help you, please fill out the following information. This information will be treated in a professional manner.

NAME	AGE	SEX	
BIRTHDATE	PHONE NUM	/BER	
In your own words, w	hat problems or difficu	Ilties bring you	here at this time?
Have you tried to get	any previous help for	this?	_ What kind?
When	? Where	e?	Was this helpful?
How?			
What procedures hav	e you tried on your ow	/n?	
When did these probl	ems first begin?		
What important things	s have happened to vo	ou or your famil	y in the last six months?
1 0		,	,
What sudden change family members?	s have you noticed red	cently in your b	ehavior and moods or in

BIO-MEDICAL HISTORY

What aches, pains, or physical discomforts do you have these days?_____

What accidents have you had?_____ How long have you been drinking alcohol?_____ How frequently do you drink alcohol?_____ How much alcohol do you drink?_____

What drugs have you used?		Reason
	How long?	
What is the name and addres	ss of the physician you usually see?	
When we are set of a start in a short	l avantiantian 0	

When was your latest medical examination?

Who referred you to us?_____

SCHOOL HISTORY

Which schools have you attended since entering school?

 What grade are you in now?_____ At what school?_____

 In what three subjects do you earn your best grades?______

In what three subjects do you earn your lowest grades?_____

 What grades did you repeat?

 Is your schoolwork: Above Average
 Average

 What are your favorite subjects?

 What special school problems do you have?

How do you get along with your teachers as compared to your parents?_____

What psychological or achievement tests have you had previously?_____

results or scores?______What were the

SOCIAL HISTORY

How old were you when you began dating? How often do you date? ______ What do you like to do on a date? ______ What problems do you have with persons of the opposite sex?

How serious do you feel these problems are? How many friends do you have? What people have you felt close to in your life? _____

Tell us how you learned about sexual intercourse, when, and from whom.

HOME HISTORY

What problems do you have at home?		
When are these problems worse?		When are
they better?		-

Please fill in the names, ages, etc. of your family:

NAME	AGE	LEVEL OF EDUCATION	OCCUPATION	WHERE EMPLOYED	WORK SCHEDULE
Father:					
Mother:					

Brothers:

Sisters:

Others living in your home:

(If any of the above are adopted, please indicate this)

Which family member seems easiest to get along with and why?_____

Which family member is the most difficult and why?

Who disciplines the children and how?

How long have your parents been married to each other?_____ Has either parent been married before?_____ For how long? _____ What marriage problems have there been between your parents?_____

How do your parents feel about you?_____

What medical/physical problems have there been in your family or in relatives?

What emotional troubles, nervous breakdowns, convulsive disorders, etc. have there been in your family or in relatives?

What troubles has your family had with the law?

What religion does your family belong to? _	
Who lives in the house with you?	How
many bedrooms are there?	What are the sleeping arrangements?

What sort of a neighborhood do you live in?

GENERAL

Do you think you would be helped more by:

- a. Directions to change specific behaviors.
- b. Talking about your problems individuallyc. Counseling with your parentsd. Counseling with your teachers

- e. Psychological testing
- f. Receiving medicine

- g. Group therapy
- h. Other (Explain)

ADDITONAL INFORMATION: Please list all psychologists, physicians, speech therapists, clinics, etc. which you have had contact with. Also, please tell us any other significant or interesting information about you that we may not have asked about.